

# LORDSHIP GENEROSITY

**LEARNER GUIDE | SESSION 1** 

Spending Time With Jesus



**SESSION IN A SENTENCE** Our fast-paced world makes it difficult to have an ongoing, daily time with Jesus, but He invites us to spend time with Him where we find rest for our souls.

**BIBLE BACKGROUND** Jesus is at the height of His ministry. He was traveling the region offering a simple invitation to follow Him. He assured His would-be followers that His teaching was not like that of the Pharisees and Scribes. His teachings were capturing the attention of the elite religious leaders, along with everyday individuals.

THE BIBLE SPEAKS TODAY We live in a culture that is always on the move. The more appointments someone has on their calendar tends to communicate their importance and status. Business is often viewed as a sign of success, and this faulty thinking can be worn as a badge of honor. One outcome of this mindset is increased anxiety and stress in trying to keep up with an ever-increasing schedule. Jesus, however, does not invite us into more activity. Instead, He invites us to Himself, and offers us much needed rest for our souls.

## **MATTHEW 11:28-30**

<sup>28</sup> "Come to me, all of you who are weary and burdened, and I will give you rest. <sup>29</sup> Take my yoke upon you and learn from me, because I am lowly and humble in heart, and you will find rest for your souls. <sup>30</sup> For my yoke is easy and my burden is light."

POINT 1:			
THE WEARY	ARE	INVITED	TO

**POINT 3:**THE WEARY ARE INVITED TO

(v. 28) (v.30)

# **POINT 2:**THE WEARY ARE INVITED TO

(v.29)

### **MY NEXT STEPS**

- 1.Accept Jesus' Invitation Jesus invited His original audience to come to Him and He invites today's audience to the same thing. He does not invite us to come to a set of beliefs or to more religious activities in an effort of self-righteousness. Paul told the church at Rome, "everyone who calls on the name of the Lord will be saved" (Rom. 10:13). If you do not have a relationship with Jesus, will you say yes to His invitation and call upon Him as your Lord and Savior?
- 2. Spending Daily Time with Jesus As we learned, the yoke was a tool used to place someone or something under submission. The yoke that Jesus offers is not restraining, but rather light and restful to one's soul. Commit to spend a little time with Jesus each day this week. Ask Him to give you the faith need to submit to His teachings so that you can find the much-needed rest for which you long.
- 3. Share His Message with Another Who is someone that you know to be weary and in need of rest? Make a point to reach out to them this week and let them know that there is One who offers the relief that they need and desire. Commit to pray for this person for the next 30 days and let them know of this commitment.

MY GROUP'S PRAYER REQUESTS		

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SERMON NOTES	

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TODAY'S PLANS.
TOMORROW'S IMPACT.

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